

Kuron Primary Health Care Centre.

Medical report by: Sr. Angela Limiyo,

Nursing personnel from time immemorial played the important role of frontline healthcare providers. As they offer the desire, comfort, empathy, food, medicine, hygiene care among others, their role has always been a crucial determinant in the prognosis of patient in total.

Health care is not everybody's right, but everyone's responsibility. Ordinary people provided with clear, simple information on prevention and treat common health problems in their homes earlier, cheaper and often better than nurses and doctors.

The cases presented below would not have become as it is, where the people given information in time about their health, that is to examine and feel what is normal and what is abnormal.

1). Goitre:



Kuron Nurse attending to goitre patient.

This patient visited Kuron primary health care centre for the first time on 9th May 2007. Her complain started many years ago, but she did not know what it was and what to do. So the swelling continued to what you can see now in the picture.

Clinical features.

- She reports a lot of weight loss and all the time feeling hungry.
- She has palpitation and tremor of hands.
- She is irritable and unable to sleep.
- A lot of sweating during day and at night.
- A lot of pain when swallowing food and saliva.

Hence all her days are uncomfortable. If this lady met health personnel earlier and advised and treated earlier, her burden would have been less.

2). Breast Cancer.



Kuron Nurse attending to breast cancer patient.

This patient in the picture came to seek medical help for the first time in her life on 2nd August 2007. From history, this mother of six (6) children narrates start of swelling (a Lump) in the affected breast about 10 years ago. The swelling was painless and did not form abscess, but slowly it enlarged with pain. In January this year (2007), she started feeling a lot of pain and the breast developed a small sore which gradually turned into a big wound.

When examined on arrival to the primary health care centre. The whole breast was a big wound discharging a lot of pus. The lymph nodes in the arm pits are swollen. The patient is very emaciated and constantly in pain.

She was started on pain killers and some mild sedatives. The wound is being cleaned and dressed everyday while waiting to go to referral hospital. If this patient met too medical personnel and taught self examination of her breast, the condition would not have reached this state. The cancer seemed to have spread to other body parts and most especially the abdominal region.

“ lets us put ourselves in the shoes of these innocent patients and imagine how the feel.” It is sad that this region has been out of medical personnel for decades and some patients have to walk for days (1-4) to be able to reach Kuron primary health care centre. At Kuron which is just at its beginning, may people come with chronic and new cases which sometimes need immediate surgery but which is not possible at the moment. So dear friends pray for many innocent lives of people in the region and Kuron. Where you are inspired to help us in future, we shall welcome your generous support.

God Bless you all.

***Medical report by: Sr. Angela Limiyo,
Kuron Primary Health Care Centre-Sudan.***

Dear Friends,

your prayers and support means a lot to these people's lives and many other innocent people who are outside there suffering from many sorts of sicknesses. This calls for inspiration in many aspects which can be through volunteering in medical services, funding and also medical research for medical personnel since the area has diverse diseases which are being reported to the health care centre for the first time in somebody's life. We can be reached on www.kuronvillage.net.

***By Ira Emmanuel,
Project Manager & Administrator, Holy Trinity Peace Village Kuron-Sudan.***

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